



# Parents In Partnership

Scottsville Primary School

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Research has shown that children who participate in chores have higher self-esteem, are more responsible and are better able to deal with frustration and delay gratification, all of which promote success at school ([www.centerforparentingeducation.org](http://www.centerforparentingeducation.org)). No matter what age your child is there are many ways that they can be involved.

## Age- Appropriate Chores For Children

<p>Ages 2-3</p> <ul style="list-style-type: none"> <li>○ Put toys in toy box</li> <li>○ Stack books on shelf</li> <li>○ Put dirty clothes in washbasket</li> <li>○ Throw rubbish away</li> <li>○ Fold washcloths</li> <li>○ Set the table</li> <li>○ Fetch nappies and wipes</li> </ul>	<p>Ages 6-7</p> <ul style="list-style-type: none"> <li>○ Fold towels</li> <li>○ Sweep floors</li> <li>○ Wash dishes</li> <li>○ Match clean socks</li> <li>○ Weed garden</li> <li>○ Rake leaves</li> <li>○ Peel potatoes or carrots</li> <li>○ Make salad</li> <li>○ Replace toilet roll</li> <li>○ Pack bag for school according to schedule</li> </ul>	<p>Ages 10-11</p> <ul style="list-style-type: none"> <li>○ Clean bathrooms</li> <li>○ Vacuum rugs</li> <li>○ Clean countertops</li> <li>○ Clean kitchen</li> <li>○ Prepare simple meal</li> <li>○ Mow lawn</li> <li>○ Do simple mending (eg: buttons)</li> <li>○ Sweep out garage</li> </ul>
<p>Ages 4-5</p> <ul style="list-style-type: none"> <li>○ Feed pets</li> <li>○ Wipe up spills</li> <li>○ Put away toys</li> <li>○ Make the bed</li> <li>○ Straighten bedroom</li> <li>○ Water houseplants</li> <li>○ Sort clean cutlery</li> <li>○ Prepare simple snacks</li> <li>○ Use hand held vacuum</li> <li>○ Clear kitchen table</li> <li>○ Dry and put away dishes</li> <li>○ Pack bag for school the next day</li> </ul>	<p>Ages 8-9</p> <ul style="list-style-type: none"> <li>○ Load dishwasher</li> <li>○ Change lightbulbs</li> <li>○ Wash socks/ pants</li> <li>○ Hang/fold/ put away clean clothes</li> <li>○ Dust furniture</li> <li>○ Put groceries away</li> <li>○ Scramble eggs</li> <li>○ Bake cookies</li> <li>○ Walk dogs</li> <li>○ Sweep outside</li> <li>○ Wipe off table</li> <li>○ Make sandwiches for school</li> </ul>	<p>Ages 12 and up</p> <ul style="list-style-type: none"> <li>○ Mop floors</li> <li>○ Change overhead lights</li> <li>○ Wash car</li> <li>○ Trim hedges</li> <li>○ Paint walls</li> <li>○ Shop for groceries with list</li> <li>○ Cook dinner</li> <li>○ Bake bread/cake</li> <li>○ Help with simple home repairs</li> <li>○ Iron clothes</li> <li>○ Watch younger siblings</li> </ul>



Remember, children thrive on praise and positive reinforcement. Tell your children when they have done a chore well and encourage them and they will be more enthusiastic to participate in other chores.

May your children have a happy, productive holiday

Compiled by Mrs L Corcoran